

CROSS COUNTRY RISK ASSESSMENT CHECKLIST

Race Title / Location _____ Date of Assessment _____

1.	EVENT FACILITIES	Details of arrangements and precautions
1.1	Traffic approach routes	
1.2	Parking (cars and coaches)	
1.3	Registration & Enquiries	
1.4	Covered accommodation	
1.5	Toilets (Base and/or Course)	
1.6	Route to Course	
1.7	Refreshments	
1.8	Handling of cash	
2.	THE COURSE	
2.1	Start - straight / layout *	
2.2	Finish - position / layout *	
2.3	Layout (width, tight turns, cambers, dips, lap length) *	
2.4	Surface problems (bricks, stones, tarmac, hoofmarks, deep mud) *	
2.5	Obstacles * (tree roots, low branches, tripping risks)	
2.6	Risks from animals	
2.7	Risks from vehicle access *	
2.8	Other nearby activities e.g. ball games	
2.9	Water risks (course & nearby) *	
2.10	Other risks e.g. cliffs, barbed wire *	
2.11	Persons crossing the course *	
3.	PERSONNEL / EQUIPMENT	
3.1	First Aid / Medical Arrangements * (inc. on-course access)	
3.2	Police assistance	
3.3	Traffic / Parking marshals	
3.4	Erection / dismantling of course (tape, posts, barriers, signs etc.)	
3.5	Course marshals *	
3.6	Erection of temporary structures * e.g. gantries, stands, marquees	
3.7	Other equipment e.g. PA system, generators, cabling, lighting	

* A map should be prepared which shows:

- course layout (inc. start/finish)
- on-course temporary structures (if any)
- barriers, taped areas
- designated crossing points (if any)
- positions of course marshals
- specific on-course risks e.g. water, obstacles
- location of first aid point
- (and details of associated control measures)

Person carrying out the Assessment _____ (Name) _____ (Signature)