1.16.15

1.17.07

1.17.17

Garden City Runners

Werrington Joggers

Thomas Cook RRC

#### MEN

# Senior Men1stMark Dickinson2ndPaul Halford3rdSimon Markley

#### V40 Men

$1^{st}$	David Child	Kent AC	1.19.52
$2^{nd}$	Vincent Williamas	St. Albans Striders	1.20.31
$3^{rd}$	Goy Roper	Norwich Road Runners	1.25.58

#### V50 Men

$1^{st}$	Paul Needham	Ely Runners	1.30.16
$2^{nd}$	Jim Brown	Fairlands Valley Spartans	1.30.22
$3^{rd}$	Graham Chapman	Ely Runners	1.30.51

### V60 Men

$1^{st}$	Bob Wells	Bedford Harriers	1.28.33
$2^{nd}$	Roy Pilkington	Stopsley Striders	1.38.16
$3^{rd}$	John Greener	<b>Bildeston Bounders</b>	1.46.57

#### WOMEN

#### Senior Women

$1^{st}$	Martha Hal	Garden City Runners	1.27.33
$2^{nd}$	Michelle Urquhart	Werrington Joggers	1.46.52
$3^{rd}$	Emma Hostler	Ramsey Road Runners	1.47.10

#### V35 Women

$1^{st}$	Katherine Rennie	Ramsey Road Runners	1.34.58
$2^{nd}$	Elizabeth Hales	Bushfield Joggers	1.35.20
$3^{rd}$	Yvonne Scarrott	Werrington Joggers	1.35.34

#### V45 Women

$1^{st}$	Tracey Curl	Norwich Road Runners	1.35.14
$2^{nd}$	Kathy Horsman	Bedford Harriers	1.36.54
3 <sup>rd</sup>	Sue Burnnett	Werrington Joggers	1.40.26

#### V55 Women

$1^{st}$	Gertrud Porter	Metros	1.51.09
$2^{nd}$	Ann Barrett	<b>Bushfield Joggers</b>	2.08.09
$3^{rd}$	Sandra Butler	Ramsey Road Runners	2.12.37

## TEAMS

MEN	(teams of four)	
$1^{st}$	Werrington Joggers (Halford, Stevens, Huckle, Hall)	47 Points
$2^{nd}$	Ely Runners (Day, Crisp, Jackson, Needham)	48 Points
3 <sup>rd</sup>	Garden City Runners (Dickinson, Gallagher, Moscrop, Aylott)	83 Points
WOM	EN	
$1^{\text{st}}$	Werrington Joggers (Scarrott, Burnett, Wood)	23 Points
$2^{nd}$	Garden City Runners (Hall, Mann, Matthews)	25 Points
$3^{rd}$	Ramsey Road Runners (Rennie, Hostler, White)	36 Points

# ARC thanks these and all the others who competed.